



# Community Garden

at Community of Christ

990 Meridian Ave., San Jose

Founded 2017

## August 2023—Newsletter #33



**"To plant a garden is to believe in tomorrow." - Audrey Hepburn**

### Hooray for the Sun and Solar Power!

Hooray for the garden's new solar battery and battery-powered PA system! Come check out the equipment at our August Evensong rituals 8/8 and 8/22, 7pm.

This is the time of year when the growing season yields to harvest time, so Gardeners, don't let your work go to waste:

- Use our email group to ask for help if you need it.
- Use grocery bags in the footlocker outside our shed for produce.
- Contact me if you want to participate in a cooking/canning class on Labor Day Monday in the church kitchen.

Enjoy the fruits of your labor!!

Thank you,  
Colette Lynner, Garden Manager

### Kudos and FYI's

- Garden rules changed in 2023 to encourage you to bring friends to this space.
- **Evensong in the Garden** – A secular community gathering of music, poetry, readings, campfire, conversation, walking the labyrinth on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays from 7pm – 8pm. (8/15, 8/29)

**More activities coming in September! Stay tuned for announcements and the September Newsletter!**

Colette

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Do you have garden questions, newsletter ideas OR have some free time? Check with Collette or Karen about projects that could use your help. please send an email to [gratefulgardensj@gmail.com](mailto:gratefulgardensj@gmail.com)

Thanks to [WWW.kelloggarden.com](http://WWW.kelloggarden.com) for much of the information in this month's newsletter.

### ORGANIC GARDENING

We are an organic community garden. Please use only OMRI approved products including soil amendments, fertilizers, and pest control products.



### Gardening Hints and Tips

#### Remember to water properly in August.

Water slowly and deep. Avoid shallow watering. Frequent shallow watering can use more water and cause plant stress. Watering deeply helps promote deeper root systems and can help plants be more drought tolerant.

#### Preparing for a fall garden

Don't plant the same family of vegetables in the same spot as they were in the spring.

If you are sowing your seeds directly outdoors, plant them a little deeper than you would in the spring, as the soil is usually moister and cooler deeper down.

## Gardening Hints and Tips - Preparing for a fall garden Cont.

It's time to clean up your plot and get rid of any dried, dead, diseased, or already-harvested plants. Do not throw diseased plants in your compost pile.

### Get your bed made!






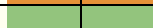



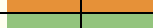












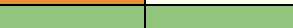






















Fall is the time to add compost or amendments to your garden bed. This replenishes the nutrients and organic matter in your soil that the spring plants used.

Fall is the time to plant garlic, but you won't harvest it until the following summer.

- Read more at Gardening Know How: [Regional To-Do List: Western Gardening In August](#)

### August – October Vegetable/Herb/Fruit Guide

	Sow Seeds	Plant	Harvest				
Plant	Seeds	Plants	AUG	SEP	OCT	NOTES	
Arugula	Direct Sow						
Asparagus		Transplant				Dig trench 12-18" wide and 6-8 " deep. Loosen soil deeper for best results.	
Beans	Direct Sow					Direct sow.	
Beets	Direct Sow					Thin to 3" apart, final spacing 5"	
Bell Peppers		Transplant				Ideal Temp 80-90 degrees	
Broccoli	Direct Sow	Transplant				Select a variety best suited to your climate that will mature before hot weather begins.	
Brussel Sprouts		Transplant				Long growing season. Flavor improves with light frost.	
Cabbage	Direct Sow	Transplant				Cooler season crop	
Carrots	Direct Sow					Dislikes transplanting	
Cauliflower	Direct Sow	Transplant				Brassica family.	
Celery		Transplant				Thin to 10-12 inches when seedlings have 3-4 true leaves.	
Corn	Direct Sow					Needs to be planting in rows for pollination.	
Cucumbers	Direct Sow	Transplant				Consider growing vertically on support structures.	
Edamame	Direct Sow					Long growing season. Succession plant for continual harvest.	
Eggplant		Transplant				Transplant to garden or container.	
Endive	Direct Sow					Direct Sow and thin to 6-12 inches apart	
Fava Beans	Direct Sow					Prefers cooler weather.	
Garlic	Direct Sow	Transplant				Planting in Fall yields larger bulbs.	
Gourds	Direct Sow	Transplant				Plant in hills that are well-spaced.	
Green Beans	Direct Sow					Grow on support structure such as teepees.	
Horseradish		Transplant				Plant root cuttings 18 inches apart in trenches 3 to 4 inches deep.	
Lettuce	Direct Sow	Transplant				Plant in succession	
Parsnips	Direct Sow					Direct sow 1" apart in wide rows. Thin to 3-4".	
Pumpkins	Direct Sow	Transplant					
Radishes	Direct Sow					Plant in succession.	

Rhubarb		Transplant				Possible to plant from seed, but less successful. Planting rhizomes recommended. Heavy feeders.
Shallots	Direct Sow	Transplant				Onion family
Snap Peas	Direct Sow					Plant in succession. Use support structure.
Soybean	Direct Sow					
Spinach	Direct Sow	Transplant				Plant in succession for continual harvest.
Squash	Direct Sow	Transplant				Consider growing on support structure.
Sweet Potatoes		Transplant				Grown from slips, not seeds. 50 Sprouts per slip. Wider spacing produces larger sweet potatoes.
Tomatoes		Transplant				May require staking. Transfer to bed or planter.
Zucchini	Direct Sow	Transplant				Plant 3-4 seeds per mound 4 inches high.
Basil	Direct Sow	Transplant				Direct sow.
Catnip	Direct Sow					
Chives	Direct Sow	Transplant				Cut six to eight inches from the top of the plants. This allows vigorous growth throughout the season.
Cilantro (Slow Bolt)	Direct Sow					Direct sow.
Coriander	Direct Sow					Start indoors or direct sow. Thin seedlings to 8-10 inches.
Dill	Direct Sow					Direct sow.
Fennel	Direct Sow					Direct sow to avoid transplant shock. Not a good companion plant. Plant outside of vegetable garden.
Goldenrod	Direct Sow	Transplant				Attracts beneficial insects.
Lavender	Direct Sow	Transplant				Direct sow spring or summer. Wound and digestive remedies. The herb can be harvested in the summer when just coming into flower (now) and can be dried for later use. The roots can be dug and boiled for a salad as they are starchy with a nutty taste.
Lavender (French - Purple Ribbon)	Direct Sow	Transplant				Mint family, Medicinal anti-viral, attracts pollinators
Lavender Lavandula vera	Direct Sow	Transplant				Mint family, Medicinal anti-viral, attracts pollinators
Lemon Balm	Direct Sow	Transplant				Quick to self-propagate.
Mustard	Direct Sow					Brassica family. Consider staking plants.
Oregano		Transplant				Mint Family
Rosemary		Transplant				Mint Family. Slow to germinate with 30% success rate.
Sage	Direct Sow	Transplant				Thin and transplant when 2 true sets of leaves are present.

Tarragon	Direct Sow	Transplant		Start seeds indoors. Low light. Room temperature.
Thyme		Transplant		Mint family. Thinly scatter seeds and sprinkle with soil.
Blackberries		Transplant		Stratify seeds. Once seedlings are 4 inches in height, they can be planted outdoors.
Blueberries		Transplant		Start seeds in trays for later transplant.
Cantaloupes	Direct Sow	Transplant		Direct sow 2-3 seeds per hill.
Raspberries		Transplant		
Strawberries		Transplant		Plant in mounded rows.
Watermelon	Direct Sow	Transplant		Direct sow 2-3 seeds per hill.

## Milpitas Food Pantry

**EXTRA VEGGIES?** If you have extra veggies, consider donating to a food pantry!

Marcia works at Milpitas Food Pantry and can pick up extra produce on Monday and Wednesday evenings. If you are interested, she can be reached at the following number 408.892.8924.



## VOLUNTEER OPPORTUNITIES

*The garden has many volunteer opportunities. **Following is a map and legend of the stations** within the garden. The volunteer would adopt the station and maintain the area.*

### Grateful Gardens Map Legend

- Station 1:** Shed and surrounding area – **Time:** 1-2 hours per week
- Station 2:** Elaeagnus, Grevillea bushes – **Time:** 1-2 hours per week
- Station 3:** Chickens – **Time:** 5-6 hours per week
- Station 4:** Herb Garden – **Time:** 2-3 hours per week
- Station 5:** Bees – Bees need specialized care by knowledgeable staff
- Station 6:** Furniture, Pop up – **Time:** varies based on project
- Station 7:** Artichoke Field – **Time:** 2-3 hours per week
- Station 8:** Sunflower field – **Time:** 2-3 hours per week
- Station 9:** Gate – **Time:** 2-3 hours per week
- Station 10:** Compost – **Time:** 4-6 hours per week
- Station 11:** Pumpkin field – **Time:** 2-3 hours per week
- Station 12:** Cromberg Fire Circle – **Time:** 2-3 hours per week
- Station 14:** Labyrinth – **Time:** 3-5 hours per week
- Station 15:** Memorial Path – **Time:** 1-2 hours per week

