



Community Garden

at Community of Christ

990 Meridian Ave., San Jose

Founded 2017

February 2023—Newsletter #28



"To plant a garden is to believe in tomorrow." - Audrey Hepburn

A Message from the Garden Manager

GRATEFUL GARDENS SHOWERS!

GRATITUDE FOR THE RAIN

We were so thirsty in 2022, and I know that a lot of our garden boxes suffered in the interests of the common good.

THANK YOU for saving water.

News articles that I can find, suggest that there was no better way for California's reservoirs to be filled so quickly than the nine sequential rainstorms we experienced in recent weeks. This past winter brought us enough rain to take our local region from "Extreme Drought" to "Moderate Drought."

For this, I am also profoundly grateful!

Anticipate modifications to water restrictions in coming months.

Collette

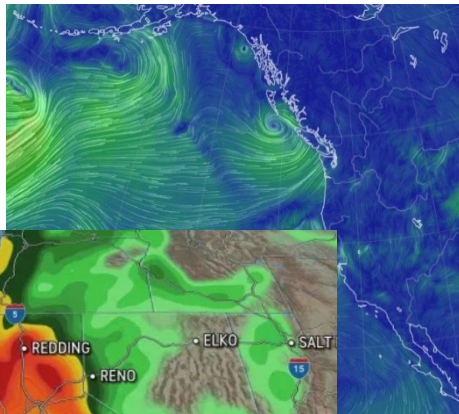


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Do you have garden questions, newsletter ideas OR have some free time? Check with Collette or Karen about projects that could use your help. please send an email to gratefulgardenssj@gmail.com

Thanks to www.kelloggsgarden.com for much of the information in this month's newsletter.

The chickens survived!

We are getting new tarp and housing!



January – March Vegetable/Herb/Fruit Guide

Sow Seeds	Plant	Harvest	LEGEND			Seed Depth	Plant Spacing	NOTES
Plant	Seeds	Plants	JAN	FEB	MAR			
Artichoke		Transplant				1/2"	3'	
Arugula	Direct Sow					1/4"	1"	
Arugula	Direct Sow							
Asparagus		Transplant						Dig trench 12-18" wide and 6-8" deep. Loosen soil deeper for best results.
Beets	Direct Sow					1/2"	5"	Thin to 3" apart, final spacing 5"
Brussel Sprouts		Transplant				1/2"	18"	Long growing season. Flavor improves with light frost.
Celery		Transplant				1/4"	12"	Thin to 10-12 inches when seedlings have 3-4 true leaves.
Eggplant		Transplant				1/4-1/2"	18"	Transplant to garden or container.
Horseradish		Transplant				3-4"	18"	Plant root cuttings 18 inches apart in trenches 3 to 4 inches deep.
Leeks		Transplant				1/4"	4-6"	Onion family
Lettuce	Direct Sow	Transplant				1/8-1/4"	8-10"	Plant in succession
Shallots	Direct Sow	Transplant				2-3"	6"	Onion family
Tomatoes		Transplant				1/8-1/4"	24"	May require staking. Transfer to to bed or planter.
Basil	Direct Sow	Transplant				1/4"	1"	Grown for its leaves which are used as a herb
Chives	Direct Sow	Transplant				1/8"	Scatter thinly	Onion family. Long hollow leaves. Cut six to eight inches from the top of the plants. This allows vigorous growth throughout the season.
Goldenrod	Direct Sow	Transplant				1/8"	Thinly scatter	Plumes of fluffy yellow flowers. Attracts beneficial insects.
Lavender	Direct Sow	Transplant				1/8"	5 seeds per 10"	Purple flowers. Direct sow spring or summer. Wound and digestive remedies. The herb can be harvested in the summer when just coming into flower (now) and can be dried for later use. The roots can be dug and boiled for a salad as they are starchy with a nutty taste.
Lavender (Fre	Direct Sow	Transplant				1/8"	5 seeds per 10"	Bush - Blue flowers. Mint family, Medicinal anti-viral, attracts pollinators
Lavender Lav	Direct Sow	Transplant				1/8"	18"	Purple/ blue Flowers. Mint family, Medicinal anti-viral, attracts pollinators
Marjoram		Transplant				3x seed diameter	2"	Oval or round leaves on woody stems. Used in cooking and medicinally. Start seeds indoors.
Mint		Transplant				1/8"	18"	Aromatic green leaves. Quick to self propagate
Mustard	Direct Sow					1/2-1"	2"	Produces billows of tiny, four-petaled yellow flowers. Brassica family. Consider staking plants.
Oregano		Transplant				1/8"	Scatter thinly	Aromatic, dark green leaves/white, pink, purple flowers. Mint Family
Parsley	Direct Sow	Transplant				1/4"	1"	Aromatic dark green leaves/yellow flowers. Carrot family
Roselle (Red) Hibiscus sabda		Transplant				1/4-1/2"	Scatter thinly	Tall, tropical, red and green shrub/ cranberry taste. Produces when days get shorter
Rosemary		Transplant				1/4-1/8"	1 per pot	Fragrant, small pine needle-like leaves. Mint Family. Slow to germinate with 30% success rate.
Sage	Direct Sow	Transplant						Aromatic shrub with silvery leaves and purple flowers. Thin and transplant when 2 true sets of leaves are present.
Tarragon	Direct Sow	Transplant				1/2"	6 seeds per pot	Tender and leafy, aromatic herb. Start seeds indoors. Low light. Room temperature.
Thyme		Transplant				1/4"	Thinly scatter	Small aromatic shrub with woody stems. Mint family. Thinly scatter seeds and sprinkle with soil.
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Figs		Transplant						Propagate indoors in pots until established.

Milpitas Food Pantry

EXTRA VEGGIES? If you have extra veggies, consider donating to a food pantry!

Marcia works at Milpitas Food Pantry and can pick up extra produce Monday and Wednesday evenings. If you are interested, she can be reached at the following number 408.892.8924.

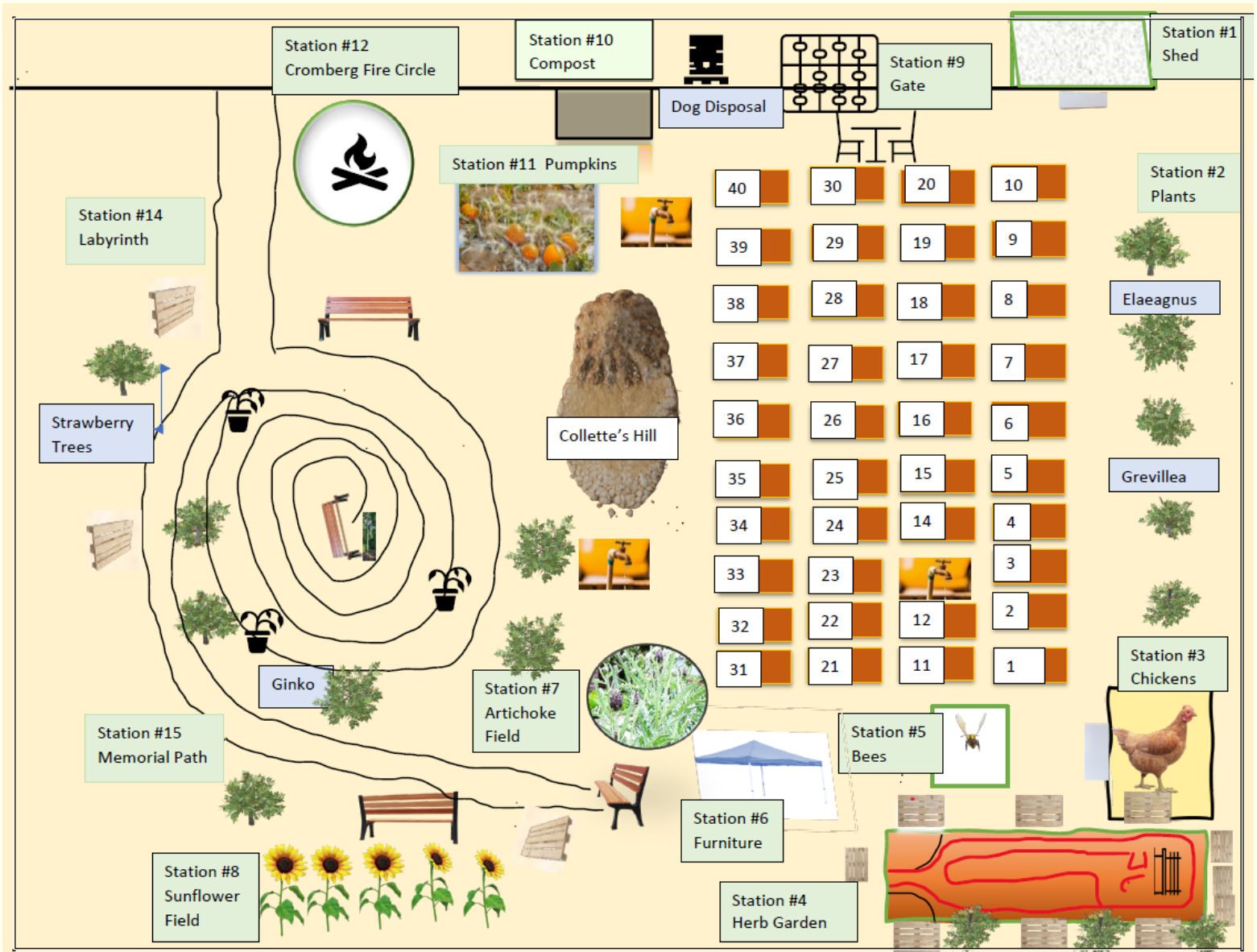


VOLUNTEER OPPORTUNITIES

The garden has many volunteer opportunities. **Following is a map and legend of the stations within the garden.**

The volunteer would adopt the station and maintain the area.

We'll be sharing more detailed information about this on the website.



Grateful Gardens Map Legend

Station 1: Shed and surrounding area – **Time:** 1-2 hours per week

Station 2: Elaeagnus, Grevillea bushes – **Time:** 1-2 hours per week

Station 3: Chickens – **Time:** 5-6 hours per week

Station 4: Herb Garden – **Time:** 2-3 hours per week

Station 5: Bees – Bees need specialized care by knowledgeable staff

Station 6: Furniture, Pop up – **Time:** varies based on project

Station 7: Artichoke Field – **Time:** 2-3 hours per week

Station 8: Sunflower field – **Time:** 2-3 hours per week

Station 9: Gate – **Time:** 2-3 hours per week

Station 10: Compost – **Time:** 4-6 hours per week

Station 11: Pumpkin field – **Time:** 2-3 hours per week

Station 12: Cromberg Fire Circle – **Time:** 2-3 hours per week

Station 14: Labyrinth – **Time:** 3-5 hours per week

Station 15: Memorial Path – **Time:** 1-2 hours per week

